



Pounds to Kilograms	
Pounds (lb)	Kilograms (kg)
1	0.45
2	0.91
3	1.36
4	1.82
5	2.27
6	2.73
7	3.18
8	3.64
9	4.09
10	4.55
11	5.00
12	5.45
13	5.91
14	6.36
15	6.82
16	7.27
17	7.73
18	8.18
19	8.64
20	9.09

Kilograms to Pounds	
Kilograms (kg)	Pounds (lb)
1	2.2
2	4.4
3	6.6
4	8.8
5	11.0
6	13.2
7	15.4
8	17.6
9	19.8
10	22.0
11	24.2
12	26.4
13	28.6
14	30.8
15	33.0
16	35.2
17	37.4
18	39.6
19	41.8
20	44.0